



# PORTLAND TIMBERS U-23s HEALTH & FITNESS SCHOOL DAYS

PRESENTED BY PROVIDENCE SPORTS CARE CENTER

## ATTENTION ALL SCHOOL GROUP LEADERS

**A COMMUNITY BASED FIELD TRIP WITH THE PORTLAND TIMBERS:** The Timbers U-23s team up with Providence Sports Care Center to bring an educational-based program designed to challenge students to learn and excel. It's a great community-based field trip that is cost-effective, safe and educational.

**PRE-GAME ASSEMBLY:** Timbers representatives will be joined by Providence's respiratory therapy, heart health, and physical therapy teams. The assembly will focus on healthy living, nutrition, stretching and the ill effects of tobacco use.

**ORGANIZING THIS EVENT IS EASY:** We've made the ordering process simple. There is no payment needed to reserve tickets. The Timbers will hold the seats you think you'll need now and you won't need to pay until 30 days before the game!

**TICKET PRICING:** Tickets are the special school price of **\$5 for reserved seats**, and are available for all students, teachers and chaperones. Special value-priced lunches also available to pre-order.



## 2012 EVENT DATES

**THURSDAY, MAY 24**  
**FRIDAY, JUNE 1**

GATES OPEN AT 9 AM, ASSEMBLY AT 10 AM, MATCH STARTS AT 11 AM



**FOR MORE INFORMATION, PLEASE CONTACT**  
**KATIE HOFFNER**  
503.553.5404 - [khoffner@portlandtimbers.com](mailto:khoffner@portlandtimbers.com)